



Introduction to Essential Oils

Keep your family healthy and home clean with the use of essential oils!

Open to anyone in the community

Have you heard about the oils, but don't know how to use them? Come learn how therapeutic grade essential oils can be used to improve the health and vitality and your family. Essential oils have so many amazing properties! This class will go over the basics on how to use oils effectively in your everyday life, in addition to giving you tips to keep in your "toolbox" for natural remedies. You are the gatekeeper of your house, join us and learn simple ways to protect what's inside!

Monday, January 29

6:30-8:00 p.m.

In room #355 (enter door O)

Cost of class to cover supplies: \$18

Instructor: Beth Kunstleben

We will be making the following for you to take home:

- Thieves Multipurpose Cleaner
- Oil Infused Rice Heating Sock
- Immunity Roller Ball

If you have questions, call Wade at (218) 746-2115

Intro to Essential Oils

Cost: \$18

Register by Jan. 25

Name	Contact Phone
Email	

Release of Liability

(This form MUST be signed before registration is complete.)

In consideration of your accepting this registration, I hereby waive and release any and all rights and claims that I may have against Pillager Public Schools, its servants, agents, or employees, for any and all injuries and other damages arising out of or connected with participation in the activity. I further agree and consent to emergency treatment by a physician or hospital, in the event that I cannot consent. This waiver is in effect while I am participating in this activity at Pillager Schools.

Signature _____ Date _____

Please mail to Pillager School, 323 East 2nd, Pillager 56473, or drop off at the HS office.