

Pillager School  
Early Childhood Family Education

# ECFE



## What is ECFE?

Early Childhood Family Education is a program for all Minnesota families with children between the ages of birth to kindergarten entrance. The program is offered through Minnesota public school districts. ECFE is based on the idea that the family provides a child's first and most significant learning environment and parents are a child's first and most important teachers.

## ECFE classes include:

- ◆ Parent / child interaction activities
- ◆ Circle time activities
- ◆ Snack time
- ◆ Parent interaction time
- ◆ Child interaction time
- ◆ Home visiting opportunities
- ◆ Special family events

## Parent Discussion topics:

- ◆ Parenting styles
- ◆ Brain development
- ◆ Language development
- ◆ Social and emotional development
- ◆ Motor development
- ◆ Learning styles and School readiness
- ◆ Effective discipline techniques
- ◆ Nutrition and Healthy eating habits
- ◆ Child safety
- ◆ Temperament in young children
- ◆ Self help skills
- ◆ Importance of sleep
- ◆ Early math and literacy
- ◆ Health and nutrition
- ◆ Group choice topics always welcome

*ECFE classes are staffed by licensed parent educators and early childhood teachers. An advisor board, consisting mostly of parents, meets quarterly to guide the development of ECFE programs.*

## The goals of ECFE:

- ◆ To enhance the ability of all parents and other family members.
- ◆ To provide the best possible environment for their child's learning and growth.
- ◆ To support and encourage parents in their raising of their child.
- ◆ To offer information about child development and effective methods of parenting.
- ◆ To help children and parents to connect and communicate even better.
- ◆ To give children and parents opportunities to discover and learn together.
- ◆ To promote positive coping and stress effectiveness for busy parents.
- ◆ To provide information on community resources available to parents and children.

**Pillager School Early Childhood Family Education classes are offered through  
Freshwater Education District of Staples, MN (218) 631-3505 (x1082)**

## Early Childhood Family Education REGISTRATION FORM

Parent's Name		Contact Phone #1	
Address		Contact Phone #2	
My child will attend school in (town):		Interested in <input type="checkbox"/> AM class <input type="checkbox"/> PM class	
ECFE Child's Name(s) and Birthdate		<p><b>Please return to Freshwater Education District 1830 Airport Road, Suite 2, Staples, MN 56479</b></p>	